Medical Form

Waiver: My son/daughter h me, according to its best ju incurred by my son/daught NAME AND PHONE NUMBER OF REQUEST AND GIVE PERMISSION to the physicians and medical staffs at locations near Albany NY to treat the tely, including hospitalization, prescribing medication, and performing emergency medical procedures. has been examined by a physician in the last year and is in good health. I hereby authorize the John Smith OSU Wrestling Camp Staff to judgement in any medical emergency, and I hereby waive and release said camp and the US Marine Corp. from any liability for injuries or hter while attending camp. The enclosed applicant fee has not been provided by any representative(s) of the institution's athletic interest. INDIVIDUAL(S) TO CONTACT IN CASE OF EMERGENC address or to my medical insurance carrier which is: of the above-named participant above-named participant appropri-

*Medical history - vaccination and prescribed medication forms are required by the Department of Health prior to attending camp. Please download the necessary forms from www.journeymenwrestling.com

This is a New York State sanctioned summer camp.

Return Medical and Application Forms to Lil' Okie-Big Chin, LLC 101 Mohawk Ave., Scotia, NY 12302

OSU History

Pertinent Medical Information

John Smith is a name synonymous with wrestling success.



The Oklahoma State head coach won six consecutive world championships as a competitor from 1987-92, including gold medals at the 1988 Olympic Games in Seoul and at the 1992 Olympic Games in Barcelona, and he owns five national championships as head coach of the Cowboys.



In 1993, a new era began as John Smith became the seventh head coach in Oklahoma State school history. In just two years, coach Smith once again led the Cowboys to the title, claiming OSU's 30th NCAA championship. Adding national championships in 2003, 2004, 2005 and 2006, Smith has led his alma mater to four of the last five NCAA crowns, and the

Cowboys now have 34 NCAA team championships. That is more national titles than any other school has in any sport. During the remarkable history of OSU wrestling, unbeaten streaks of 70 (1921-32 under Gallagher), 73 (1996-2000 under Smith), 76 (1937-51 under Gallagher and Griffith) and 84 (1959-66 under Roderick) duals were reeled off by the Cowboys.

Smith was recognized as the National Wrestling Coaches Association coach of the year in 1994 and 2003 and is an 11-time selection as his conference's coach of the year (1994 and 1996 in the Big Eight and 1997, 1998, 2001, 2003, 2004, 2005, 2006, 2010 and 2011 in the Big 12).

A native of Del City, Okla., Smith owns a 311-46-6 career dual match record as a head coach (.865 winning pct.).



These camps are non-institutionally owned camps. They are not owned by Oklahoma State University or any of its employees. Camps are owned by Lil Okie Big Chin, LLC and marketed by Journeymen Wrestling, Wrestlers from Oklahoma State University will act as camp counselors.

Journeymen Wrestling 101 Mohawk Ave.





June 28-30, 2015

Niskayuna High School Niskayuna, NY

For more information contact www.journeymenwrestling.com or Frank@Journeymenwrestling.com

JOURNEYMEN SUMMER CAMPS 2015

John Smith and Oklahoma State Wrestling

June 28-30 - Three-Day Training Camp

East Coast Location • Niskayuna High School • Niskayuna, NY

Close proximity to PA, NJ and New England and Centrally Located for NY





Oklahoma State's wrestling camp is committed to helping you become great! This camp will give you the opportunity to train the way you must train to become the best that you can be. Train side-by side with John Smith, the greatest wrestler In American history. This camp is for the wrestler who is looking to improve on the best and easiest way to get a

takedown, to score off bottom, and different ways to ride from the top position.

OSU-NY Training Camp is technically a "commuter camp." There are no accommodations or food being served. However, we have already received commitments from programs across the state and neighboring states. That said, we have set up hotel accommodations to help those who want to make the journey in for this exclusive opportunity. This camp is designed to be the best of both worlds – learn and burn! Learn great techniques from perhaps the most technical program in the nation, OSU, and then prepare to scrap and scramble later in the day! Entire teams are also welcome to this very popular camp. You will get to compete and learn with the toughest wrestlers on the east coast. The camp emphasizes technique and live wrestling, but also finds time for some fun. If you are coming alone or with a team - no worries, we'll have a spot for you.

Camp Schedule

June 28

Check in/Registration: 9:00-10:30 am

Session 1: 10:30 am-12:30 pm • Instruction, drill

and live wrestling

Lunch Break: 12:30-1:30 pm

Session 2: 1:30-3:30 pm • Instruction, drill and live wrestling

June 29 & 30

Session 1: 9:30-11:30 am • Instruction, drill and live wrestling

Lunch Break: 11:30 am-12:30 pm

Session 2: 12:30-2:30 pm • Instruction, drill and live wrestling

Session 3: 3:00-3:30 pm • Hard drill

June 30 Check out: 3:30 pm

General Information: After you receive your deposit, each camper will be sent a confirmation e-mail that will tell you the exact location for registration. Please be sure to include an e-mail address. This will be our main source of communication. We will have as many staff members as possible at each camp.

Because of training schedules, we can't guarantee that everyone listed will be at every camp. Sessions fill up early, so get your applications in soon. We look forward to working with vou this summer!

What to Bring: Each camper will be expected to supply his own workout gear, shoes, shirts, shorts, singlets, etc. Bring multiple changes of clothes and expect to shower in between sessions.

Bring a supply of Matguard and Defense Soap to prevent skin infections. This is critically important!

MATGUARD® anstiseptic wipes contain a patented formula extremely effective at killing 99.9% of the germs, viruses and bacteria that people involved in athletic and physical activity come in contact with. For orders of Matguard, email Coach Popolizio at Frank@Journeymenwrestling.com or www.matguardusa.com directly.



Defense soaps are triple milled and have a TFM (fatty acids) of 77% for a deep rich cleansing lather.

Defense Soap contains no fillers, perfume, alcohol, scents, Triclosan or any other chemicals that can impact the quality. They contain a full 2% concentration of tea tree and eucalyptus oils: natural antimicrobial ingredients known to be effective against ringworm, staph, impetigo, herpes, jock itch and athlete's foot.

Fees: \$300 commuter or resident coach.* Apply online at www.journeymenwrestling.com. All campers must complete and mail in the attached medical form. Camp includes instruction, secondary insurance, and facility usage. *Coaches who bring 10 or more athletes attend free of charge.

Refunds: There will be no refund of deposit once it is received by Lil' Okie-Big Chin, LLC. There is also no refund or prorating of the remaining balance once the camp begins injuries included.

Nearby Accommodations: Hampton Inn (Latham) 45 British American Blvd., Latham, NY, 12110, 518-782-7500 - \$109. Ask for the Journeymen Wrestling Rate.

Health Insurance: Camp participants will be covered by secondary accident insurance provided by the camp's tuition. The non-duplicating policy covers medical expenses within the range of its limits, except for those costs covered by any other valid and collectible insurance policies. No one will be admitted to the camp without a signed release and a primary insurance policy. Both must be provided on the application.

OSU Clinicians

John Smith

- Camp Director
- OSU Head Coach
- 2000 Olympic Team Coach
- World Team Coach 98-99
- 2-time Olympic Medalist • 4-time World Champion
- Collegiate Coach of the Year in '94
- National Wrestling Hall of Fame



Zach Esposito

- Assistant Coach, OSU NCAA Champion

Counselors



Alex Dieringer

- NCAA All-American
- Silver Medalist, FILA Junior World Champion



Nick Gwiazdowski

NCAA Champion at NC State University



Clinicians and Counselors are subject to change

Camp Director



Frank Popolizio

- Camp Assistant Director
- Head Coach Journeymen Wrestling Club
- Head Assistant Coach, Shenendehowa High School
- 2009 New York State High School Assistant Coach of the Year; 2007, 2008, 2011, 2102 NY State Champs



Application Form

Complete this application online at www.journeymenwrestling.com

Remember to complete and mail in the medical form.

Register online or make check payable to Lil' Okie-Big Chin, LLC

OSU-NY Three-Day Training Camp (5th-12th Grade) June 28-30, 2015

75 SPOTS AVAILABLE

Tuition: \$300 commuter or resident coach \$125 at registration – \$175 due at check in *remember only cash or money order will be accepted

LAST NAME	FIRST NAME
ADDRESS	INE
CITY	-5 ONL
HOME PHONE	TER
WEIGHT	GRADE, FALL OF 2014
SCH VC ADING	

E-MAIL ADDRESS (required)

for balance at check in

Coaches who bring 10 or more athletes attend free of charge.

RETURN MEDICAL FORM TO Lil' Okie-Big Chin, LLC 101 Mohawk Ave., Scotia, NY 12302 PLEASE FILL OUT AND SIGN THE MEDICAL FORM

FOR OFFICE USE ONLY

Date Rec'd	Date Cont	Amt Dep	Bal Due	Rect No.